

### **Amendments to Specification**

Please cancel the Abstract found at the end of page 51 of the specification.

Please substitute the following paragraph for the abstract:

#### **Abstract of the Disclosure**

A rail road freight car truck is provided that has a truck bolster and a pair of side frames, the truck bolster being mounted transversely relative to the side frames. The mounting interface between the ends of the axles and the sideframe pedestals allows lateral rocking motion of the sideframes in the manner of a swing motion truck. The lateral swinging motion is combined with a longitudinal self steering capability, either from the use of a lateral rocker in combination with an elastomeric bearing adapter pad, or by use of a longitudinally oriented rocker that may tend to permit resistance to self steering that is proportional to the weight carried across the interface.